

HAPPILY, HEALTHY MENU BY ALOFTYLIFE

H2 SOUP

SWEET POTATO, CAULIFLOWER, COCONUT MILK & GINGER SOUP GARNISHED WITH PUMPKIN SEEDS, CILANTRO & BALSAMIC GLAZE

CHF 16



H2 Soup & Salads are accompanied with FRESH BAKED SOURDOUGH BREAD!



H2 SURPRISE SALAD

WHY A SURPRISE?

BECAUSE AT H2 SALADS WE ONLY GET WHAT LOOKS THE FRESHEST & WHAT IN SEASON VEGETABLES THE FARM HAS TO OFFER!

CHF 18

H2 SALADS INCLUDE MANY LAYERS OF DIFFERENT

IN SEASON VEGETABLES
& PROTEINS THAT ARE
ORGANIC & FROM
LOCAL FARMERS

VEGAN OPTION AVAILABLE

MEAT OPTION: CHF 2 EXTRA
(LOCAL MARINATED CHICKEN
BREAST)

NOT ONLY ARE YOU FEEDING YOUR
BODY & BRAIN NUTRITIOUS ORGANIC &
IN SEASON PRODUCTS BUT YOU ARE
ALSO DOING GOOD TO THE PLANET!



PLEASE SEND AN EMAIL TO INFO@ALOFTYLIFE.COM TO PLACE YOUR ORDERS